



# The Lesh Difference

Welcome to *THE SHIP!*

January 2021

Lesh Middle School

1400 Stover St.

Ft Collins, CO 80005

Main Office

970-472-3800

Attendance Line

970-472-3815

Principal

Dr. Tom Dodd

Assistant Principal

Grade 8

Mr. Warren Morrow

Dean Grade 7

Ms. Lisa Crossland

Assistant Principal

Grade 6

Mrs. Janice Martinez

School Website

click [HERE](#)



## *From the Principal*

Dear Viking F-A-M-I-L-Y (Students, Parents & Staff):

We are 4 weeks into the 2<sup>nd</sup> semester and 2 weeks into phase 3 A/B hybrid learning with ZERO positive cases in the building so far! We'll done everyone. Teamwork makes the dream work. Families have asked what we can do to keep kids in school and the answer, despite the pages of health dept. protocols and guidelines, is really simple:

- ⇒ **Wear a mask correctly.** We have extra masks in the main office if students forget theirs.
- ⇒ **Never pass up an opportunity to wash/sanitize your hands.** We have sanitizer in every room of the building. Vikings are known for their excellent hygiene. 😊
- ⇒ **Watch your distance.** Let's not get complacent during mask breaks, when socializing before/after school, at lunch, or in class. If you can take a couple steps back do so. If you can sit at a desk one more row away from another person, please do so.
- ⇒ **Do not come to school with any symptoms.** Stay home and call in your absence (472-3815) to see if symptoms disappear within 48 hours. If they don't, self-quarantine for 10 days and get a COVID test. The COVID test result helps us determine if we need to contact trace. A negative test doesn't get you back in school sooner. You still must complete your 10-day quarantine. PSD is opening a rapid test center for students and staff only. More info. will be forthcoming. In the meantime, here is the link to Larimer County COVID testing: <https://www.larimer.org/health/communicable-disease/coronavirus-covid-19/covid-19-testing>. If you have a known exposure you must quarantine for 10 days and let our health technician Cathy Tucci know (472-3807).

*continued...*



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### *From the Principal, continued...*

We've always reminded each other to turn off the lights when you leave a room, push in your chairs when you get up from a table, hold the door open for someone walking in behind you, say please and thank you, and now we're asking everyone to take personal responsibility and do the above 4 simple things all the time. Let's be aware of our surroundings. Common courtesy goes along way. We only quarantined 20 people last fall when we were in phase 3 for 5 weeks (we have 715 students and 60 staff). We can do even better now. Let's be the PSD school that sets a new standard for educating kids safely in-person. Please know there is some discussion at the secondary level (grades 6-12) about asynchronous Fridays becoming in-person Fridays in phase 3 in February, to get 6-12 students in school 5 days per week rather than 4, as the elementary schools are currently in phase 4, 5 days per week. This would mean one Friday would be A group, the next Friday B group, and so on. This decision has NOT been finalized by PSD. The bottom line is we are working toward returning to phase 4 fully in-person, on-campus learning with the other PSD middle schools. It is yet to be determined when that will occur, maybe in February. There is light at the end of this tunnel. Thanks for your patience and diligence. It's all about your Leshер F-A-M-I-L-Y, Forget About Me I Love You!

Shine on,

Dr. Tom Dodd, Principal



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**Congratulations to PETR HOLUBAR and JOSH SWANN who received the most nominations from students for November and December's Staffulty of the Month recognition!!! Go Vikings!!!**



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## Leshar Yearbooks are Going Fast!

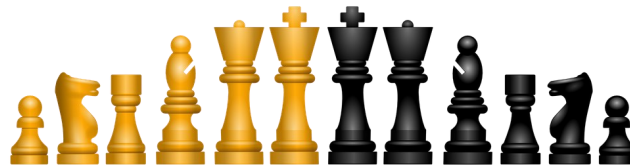
Purchase today before it's too late! Click here to order today- <http://iostensyearbooks.com/?REF=A00939540>

Because of COVID, we will be ordering VERY FEW extra copies to sell at the end of the year. It is HIGHLY UNLIKELY there will be a book available for your child if you don't order a book by January 29<sup>th</sup>.

If you have already purchased a book, thanks for your support!

**Is your student interested in Leshar's On line  
Chess Club? If so, we'd love to have them!**

**Please contact Ms. Wind at  
[annew@psdschools.org](mailto:annew@psdschools.org) for further  
information.**



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Joe Mivshek

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As we approach the return to in-person learning, this a reminder that if you are planning to keep any medications in the Health Office, we will need updated care plans and Doctors orders along with these medications. Please don't wait! Call your doctor today to get this process started. Once you have signed orders, please review and sign them, then bring the forms and the medications to Leshar---please do not send them with your student, we need an adult to drop off any meds. Remember to check the expiration dates, and bring the meds in their original container. If you are bringing prescription meds, please include the prescription label on the original container that you received at your pharmacy. Please contact the Leshar Health Office if you have any questions or concerns!

A medida que nos acercamos al regreso al aprendizaje en persona, este es un recordatorio de que si planea mantener algún medicamento en la Oficina de Salud, necesitaremos planes de atención actualizados y órdenes de los médicos junto con estos medicamentos.

¡No espere! Llame a su médico hoy para comenzar este proceso. Una vez que haya solicitado los pedidos, revíselos y , luego traiga los formularios firmados y los medicamentos a Leshar.

No los envíe con su estudiante, necesitamos que un adulto entregue los medicamentos.

Recuerde verificar las fechas de vencimiento y traer los medicamentos en su envase original. Si trae medicamentos recetados, incluya la etiqueta de la receta en el envase original que recibió en su farmacia.

¡Por favor comuníquese con la Oficina de Salud de Leshar si tiene alguna pregunta o inquietud! ó Contacte a Veronica Carrillo Enlace Familiar al teléfono 970 472-3853.

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The school board will solicit diverse ideas from numerous stakeholder groups, including parents/guardians and students, through a series of facilitated, invitation-only, online January forums. Event information is posted on the [PSD Superintendent Search web page](#), which is the primary source of information for the hiring search. We encourage everyone to share their voices as part of this important process.

Once on the [PSD Superintendent Search web page](#) users can translate the content. Click on the word "Translate" along the top, green navigation bar and select your desired language from the list displayed.

La Junta de Educación también solicitará ideas de numerosos grupos de partes interesadas, como padres de familia/tutores legales y estudiantes, a través de una serie de foros que se facilitarán en línea en enero. La información sobre los eventos se publicará en [la página web Búsqueda de el/la Superintendente del PSD \(PSD Superintendent Search\)](#), la cual será la fuente de información primordial para la búsqueda. Los animamos para que todos compartan sus ideas, como parte de este importante proceso.

Pueden leer la traducción del contenido de [la página web "Búsqueda de el/la Superintendente del PSD" \(PSD Superintendent Search\)](#) al hacer clic en la palabra "Traducir", situada en la parte superior de la barra de navegación verde, y seleccionar el idioma que deseen de la lista que se muestra ("Spanish" para español).

ستقوم شركة , و هي شركة بحث استأجرها مجلس التعليم, بتجميع المدخلات التي تم جمعها من الاستبيان و المنتديات و مجموعات التركيز . المدعوة فقط و انشاء تقرير ملف تعريف القايده الذي سيتم تقديمه في اجتماع مجلس الادارة العلني في 9 فبراير. سيطلب مجلس التعليم ايضا افكارا متنوعة من مجموعات عديدة, بما في ذلك الاباء \ اولياء الامور والطلاب, من خلال سلسلة من المنتديات الميسرة و المدعوة فقط عبر الانترنت لشهر يناير. يتم نشر معلومات الحدث على صفحة الموقع الخاصة بالبحث عن المشرف العام , و التي تعد المصدر الاساسي للمعلومات للبحث عن التوظيف. نشجع الجميع على مشاركة اصواتهم كجزء من هذه العملية الهامة. بمجرد الوصول الى صفحة الموقع , يمكن للمستخدمين ترجمة المحتوى. انقر فوق كلمة " " على طول شريط التنقل الاخضر العلوي و حدد اللغة التي تريدها من القائمة المعروضة.



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## Morning Fresh Cash for Caps

If you are a Morning Fresh Dairy customer, please bring in your rinsed milk, juice, cream, or other caps to Mr. Peitz. Leshar Middle School earns money for every cap that is returned. If you are interested in Morning Fresh Dairy, every new household sign up raises \$25 for Leshar. Click [here](#) or ask Mr. Peitz ([epeitz@psdschools.org](mailto:epeitz@psdschools.org)) for more information.



## COLORADO Congratulates 2020 Colorado "Schools to Watch"



Centennial Middle School  
Corwin International Magnet School  
Jenkins Middle School  
Leshar Middle School  
Longs Peak Middle School  
Westview Middle School



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## Mental Health Matters

20  
21

MENTAL HEALTH MATTERS PRESENTS:

# THE UPSIDE OF STRESS

Are you experiencing Covid fatigue? Would you like to "tend and befriend" or "excite and delight" in stress to make it work for you? Join Amanda Brantley, Poudre School District Wellness Coordinator, and Heidi Thompson, school counselor at Olander Elementary, for "Stress School."

Learn how you and your student can reframe your stress, renew your resilience, restore your energy, and revive your relationships. This interactive evening will focus on how our perceptions and practices contribute to our health and wellbeing. Simply by changing our mindset about stress, we can form habits that build our resilience and add tools to our toolbox to modulate our "stressometers" in school, in the workplace, and at home.

**FEBRUARY 18, 2021  
6:30-8:30PM**



SCAN THE QR CODE TO THE LEFT TO REGISTER FOR THE EVENT. YOU WILL BE SENT A LINK ON THE DAY OF THE EVENT OR YOU CAN FIND THE LINK ON THE PSD HOMEPAGE  
(HOLD YOUR PHONE CAMERA UP TO THE GRID AND A LINK WILL APPEAR)

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## Mental Health Matters

**2021**


MENTAL HEALTH MATTERS PRESENTS:

# THE UPSIDE OF STRESS

¿Está experimentando fatiga por Covid? ¿Le gustaría "atender y hacerse amigo" o "emocionar y deleitarse" con el estrés para que funcione para usted? Únase a Amanda Brantley, coordinadora de bienestar del distrito escolar de Poudre, y a Heidi Thompson, consejera escolar de la escuela primaria Olander, para "Stress School".

Aprenda cómo usted y su estudiante pueden replantear su estrés, renovar su resiliencia, restaurar su energía y revivir sus relaciones. Esta noche interactiva se centrará en cómo nuestras percepciones y prácticas contribuyen a nuestra salud y bienestar. Simplemente cambiando nuestra mentalidad sobre el estrés, podemos formar hábitos que fortalezcan nuestra capacidad de recuperación y agregar herramientas a nuestra caja de herramientas para modular nuestros "medidores de estrés" en la escuela, en el lugar de trabajo y en el hogar.

**18 DE FEBRERO DE 2021**  
**6: 30-8:30PM**



ESCANEE EL CÓDIGO QR A LA IZQUIERDA PARA REGISTRARSE PARA EL EVENTO. SE LE ENVIARÁ UN ENLACE EL DÍA DEL EVENTO O PUEDE ENCONTRAR EL ENLACE EN LA PÁGINA DE INICIO DE PSD (SOSTENGA LA CÁMARA DE SU TELÉFONO CONTRA LA CUADRÍCULA Y APARECERÁ UN ENLACE)



Colorado Trailblazer



"School to Watch"

2020



2023

**Leshar Middle School**