From the Principal

Dear Viking F-A-M-I-L-Y (Students, Parents & Staffulty):

Teamwork makes the dream work. We are now 6 weeks into the 2nd semester and 4 weeks into phase 3 A/B groups with just 1 positive case in the building resulting in 7 student quarantines. With roughly 775 students and staff on campus every 2 days, we’re doing great! Please continue to:

⇒ **Wear a mask correctly.** We have extra masks in the main office if students forget theirs.

⇒ **Never pass up an opportunity to wash/sanitize your hands.** We have sanitizer in every room of the building. Vikings are known for their excellent hygiene.

⇒ **Watch your distance,** even during mask breaks, when socializing before/after school, at lunch, and in class. Sit at a desk one more row away from the nearest student. Take a couple steps back, sorry close talkers, we love you but need our bubble space.

continued...
From the Principal, continued...

⇒ **Do not come to school with any symptoms.** Stay home and call in your absence (472-3815) to see if symptoms disappear within 48 hours. If they don’t, self-quarantine for 10 days and get a COVID test. The COVID test result helps us determine if we need to contact trace and quarantine. A negative test doesn’t get you back in school sooner. You still must complete your 10-day quarantine. PSD is opening a rapid test center for students and staff only. More info. will be forthcoming. In the meantime, here is the link to Larimer County COVID testing: https://www.larimer.org/health/communicable-disease/coronavirus-covid-19/covid-19-testing. If you have a known exposure or test positive you must quarantine for 10 days and let our health technician Cathy Tucci know (472-3807).

Thank you for taking personal responsibility and doing the above 4 things. Common courtesy goes along way. Also, if you can get vaccinated, please do so. It’s no big deal. Just a couple of shots.

Lastly, there is no set date yet when we will return to phase 4, fully in-person learning, so we’ll keep plugging away in phase 3. PSD middle and high schools will also likely replace asynchronous Fridays with in-person Fridays during phase 3 to get 6-12 grade students in school 5 days per week rather than 4 and be consistent with the elementary schools, which are currently in phase 4, 5 days per week. This would mean one Friday would be A group, the next Friday B group, one Friday blue day, the next Friday gold day, etc. This decision has NOT been finalized by PSD but may occur in the next 4 weeks before spring break, at least we hope so. There is light at the end of the tunnel. Thanks for your patience and diligence, and for being part of our Lesher F-A-M-I-L-Y… Forget About Me I Love You!

Shine on,
Dr. Tom Dodd, Principal
Important Update and Information from the Health Office

If your student has any critical, major OR minor symptoms before getting on the bus or entering the building, please stay home!

See the below information for guidance. Thanks!

Parents, guardians, staff and students should notify their school or supervisor if there is a positive COVID-19 case or possible exposure.

Return to learning guidance: For students and staff returning to work or school in PSD following a positive COVID-19 symptom screen, PSD follows the CDPHE Return to Learn guidance for K-12 schools.

Note: This guidance is NOT intended for cases or close contacts of COVID-19. A confirmed COVID-19 case or close contact should follow public health isolation or quarantine instructions for return to school/ work.

*Critical symptoms:* Loss of taste or smell

**Critical symptom response:** Follow home isolation for 10 days following symptom onset AND be 24 hours fever free without use of fever-reducing meds before returning to school. COVID-19 test recommended.

*Major symptoms:* Feeling feverish, having chills, temperature of 100.4 F or greater, New or worsening cough, shortness of breath or difficulty breathing

**Major symptom response:** If symptoms resolve within 24 hours of onset and stay resolved an additional 24 hours, return to school (48 hours total)

If symptoms DO NOT resolve within 24 hours, either:

Follow home isolation for 10 days following symptom onset AND 24 hours fever free without use of fever-reducing meds before returning to school.

Get a polymerase chain reaction, or PCR, COVID-19 test. If test is negative, return to school once symptom-free for 24 hours. If positive, follow home isolation for 10 days following symptom onset AND 24 hours fever free without use of fever-reducing meds before returning to school.

*Minor symptoms:* Sore throat, Runny nose or congestion, Muscle or body aches, headache, fatigue, nausea/vomiting, diarrhea

**Minor symptom response:**

If symptoms resolve within 24 hours of onset and stay resolved an additional 24 hours, return to school (48 hours total)

If symptoms resolve within 48 hours of onset and stay resolved an additional 24 hours, return to school. (72 hours total)

If symptoms DO NOT resolve within 48 hours, either:

Follow home isolation for 10 days following symptom onset AND 24 hours fever free without use of fever-reducing meds before returning to school.

Get a polymerase chain reaction, or PCR, COVID-19 test. If test is negative, return to school once symptom-free for 24 hours. If positive, follow home isolation for 10 days following symptom onset AND 24 hours fever free without use of fever-reducing meds before returning to school.

If there are questions about when a student can return to school, the school nurse or PSD health staff will make that determination.

---

Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

Advertise with The School Newsletter Company

Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com
DESIGN CLUB 2021 - MINI GOLF COURSE!

WHAT: We will research, design, and build a mini golf course using 3D printing, laser cutting, and woodworking skills.

WHO: We are looking for 18 students in any grade who are interested. All who are interested in the club will need to fill out an application - however, only cuts will be made if there are more than 18 students who apply. The link for the application is here: bit.ly/DesignClub2021

WHEN: Regular meetings take place every Thursday in March and April from 3 - 4:30 pm with in the computer or tech lab with Knips/Oldenburg

COST: This opportunity is FREE!

INTERESTED? Join our Google Classroom with code j5u26ma. There will be an informational meeting in person in Knips’ lab #19 and streamed online on Thursday, February 18th from 3 - 3:30 PM

HYBRID SCHEDULE: Meetings will be held on Thursdays, which are considered ‘B’ days in our current hybrid schedule. Students from both ‘A’ and ‘B’ days are welcome to attend. We wish we could offer more choices, but are limited by time and cost. Thank you for understanding!

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>What’s Happening?</th>
<th>Where?</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-4-21</td>
<td>3:30 - ??</td>
<td>Mini Golf Session</td>
<td>Fort Fun</td>
<td>Plan to meet and be picked up at Fort Fun!</td>
</tr>
<tr>
<td>3-11-21</td>
<td>3:00 - 4:30 PM</td>
<td>Research &amp; Planning</td>
<td>Knips’ Room #19</td>
<td></td>
</tr>
<tr>
<td>3-18-21</td>
<td>3:00 - 4:30 PM</td>
<td>No Meeting - Spring Break</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3-25-21</td>
<td>3:00 - 4:30 PM</td>
<td>Virtual Q &amp; A - budgets</td>
<td>Knips’ Room #19</td>
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</tr>
<tr>
<td>4-1-21</td>
<td>3:00 - 4:30 PM</td>
<td>3D Design</td>
<td>Knips’ Room #19</td>
<td></td>
</tr>
<tr>
<td>4-8-21</td>
<td>3:00 - 4:30 PM</td>
<td>Building Your Hole</td>
<td>Oldenburg’s Room #31</td>
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<tr>
<td>4-15-21</td>
<td>3:00 - 4:30 PM</td>
<td>Building Your Hole</td>
<td>Oldenburg’s Room #31</td>
<td></td>
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<tr>
<td>4-22-21</td>
<td>3:00 - 4:30 PM</td>
<td>Final Touches</td>
<td>Oldenburg’s Room #31</td>
<td></td>
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<tr>
<td>4-29-21</td>
<td>3:00 - 4:30 PM</td>
<td>Play the Course!</td>
<td>Lescher’s Patio</td>
<td></td>
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</tbody>
</table>

TRIPLE THREAT BASKETBALL
NoCo Triple Threat Competitive Basketball Club recruiting 6th and 7th grade girls
Tryouts March 7th at 6:30pm, Power To Play Gymnasium
Coach will be Myann Hamm (former CSU player)
Club run by Todd Matkin

Register today by emailing tmatkin9@gmail.com
High School Transition for 8th Graders

Attention 8th graders and parents/guardians:
This past week, our 8th graders received high school registration information for the 2021-2022 school year. We have included registration information for PSD’s comprehensive high schools below. If you are not sure which school is your assigned neighborhood high school, please reach out to us at gsteen@psdschools.org or awood@psdschools.org.

High school course requests for the 2021-2022 school year are due in StudentVue by 2/26.

Fort Collins High School
Registration Video
8th Grade Registration Site
Course Selection Sheet
Live Q&A with counselors: Feb 18th 5:30-6:30 MS Teams
How to enter course requests in StudentVue

Poudre High School
Registration Video
8th Grade Registration Site
Course Selection Sheet
Live Q&A with counselors: February 16th 4:00-5:00pm - Link HERE
February 17th 7:00-8:00pm - Link HERE
How to enter course requests in StudentVue

continued...
High School Transition, continued...

Rocky Mountain High School

Registration Video
8th Grade Registration Site
Course Selection Sheet

Live Q&A with counselors: February 18th 5:00PM-6:00PM (Meeting Link [HERE](#))
February 19th 11:00AM-1:00PM (Meeting Link [HERE](#))
How to enter course requests in StudentVue

Fossil Ridge High School

Registration Video
8th Grade Registration Site
Course Selection Sheet

Live Q&A with counselors: February 17th 6:00PM 7:00 PM
How to enter course requests in StudentVue

Colorado Trailblazer
“School to Watch”
2020 2023
Lesher Middle School

All Women. Always.
Comprehensive women's healthcare for all stages of life.

Loveland & Fort Collins
The Women's Clinic of Northern Colorado
970.493.7442
womensclinicnoco.com
**Morning Fresh Cash for Caps**

If you are a Morning Fresh Dairy customer, please bring in your rinsed milk, juice, cream, or other caps to Mr. Peitz. Lesher Middle School earns money for every cap that is returned. If you are interested in Morning Fresh Dairy, every new household sign up raises $25 for Lesher. Click [here](https://www.jostens.com/apps/store/productBrowse/1008808/Lesher-Middle-School/2021-Yearbook/2020061904160634387/CATALOG_SHOP/) or ask Mr. Peitz ([epeitz@psdschools.org](mailto:epeitz@psdschools.org)) for more information.

**Yearbooks**

Viking Yearbooks Still Available! This year has been "A Year Like No Other"! And the yearbook has captured it all. With student-submitted content mixed with at-school content, it is filled with all things Lesher! Thanks for continuing to support Lesher’s AWARD-WINNING yearbook. You can purchase yours at the link or in the front office with Mrs. Mitchell. Any questions, contact Mrs. Davis ([madavis@psdschools.org](mailto:madavis@psdschools.org)). GO VIKINGS!

## Planner Power Ball

<table>
<thead>
<tr>
<th>Date</th>
<th>Planner Power Ball</th>
<th>Trash Power Ball</th>
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</thead>
<tbody>
<tr>
<td>1/29/2021</td>
<td>Naomi Achter-Pries</td>
<td>Tristan Bush</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Daury Ramos</td>
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<tr>
<td></td>
<td></td>
<td>Jabir Walters</td>
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<tr>
<th>Date</th>
<th>Planner Power Ball</th>
<th>Trash Power Ball</th>
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</thead>
<tbody>
<tr>
<td>2/3-2/4/21</td>
<td>6th – Kathryn Rizza</td>
<td>6th – Nesha McKay and Tristan Bush</td>
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<tr>
<td></td>
<td></td>
<td>8th – Jaya Reich and Juan DeLuna Rojas</td>
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<td></td>
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<td>7th – Yamil Torres and Adrian Carbajal</td>
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</table>
Planner Power Ball, continued...

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<tr>
<th>Date</th>
<th>Planner Power Ball</th>
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<tbody>
<tr>
<td>2/4/2021</td>
<td>6th – Arely Chavez Castaneda</td>
<td>7th – Moira Jamtgaard</td>
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<tr>
<td></td>
<td>7th – Gary Nyman</td>
<td>8th – Leah Chavez</td>
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<td></td>
<td>8th – Gwennyn Davis</td>
<td>7th – Zachary Ehrhart</td>
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<th>Trash Power Ball</th>
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<tbody>
<tr>
<td>2/11/2021</td>
<td>6th – Ava Long</td>
<td>6th – Isaac Watson</td>
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<tr>
<td></td>
<td></td>
<td>6th – Nesha McKay</td>
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<td></td>
<td></td>
<td>7th – James-Dennis Martin</td>
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</tbody>
</table>
Athletic Information

Lesher Athletic Information can be found at https://les.psdschools.org/athletics-activities including the below information about our 2021 spring sports, which are Softball (Girls 7 & 8), Golf (6,7,8) and Track & Field (6,7,8 info coming mid-March). Please reach out to head coaches or Athletic & Activities Director, Waren Morrow, with any questions. Thank you and Go Vikings!

2021 7th and 8th Grade Girls Softball Information

*Preseason Softball Camp, Monday-Thursday 2/22-2/25 from 3:20-5:00PM at Spring Park*
*Practices are Monday-Friday from 3:20-5:20PM at Spring Park beginning Monday 3/1*
*On Monday and Tuesday, meet at Lesher and walk together in groups of 3 with Coaches*
*Parent Meeting: Thursday, March 11th at 5:20PM at Spring Park*

Athletes will need a glove, pair of cleats and softball socks.

7th and 8th grade girls interested in Lesher Softball will sign up between February 10th and February 17th at Mrs. Downing’s desk in the main office. To participate, the following items must be turned-in or completed by Thursday, February 18th:

1. Complete the Online Athletic Registration at https://www.psdathletics.org/msreg;
2. Turn in a hard copy of Current Physical from your Doctor’s office to Mrs. Downing in the main office. Physicals cannot be uploaded or completed online. A physical is good for 364 days; and
3. Pay the Athletic fee of $120 unless charter/private/homeschool – fee is $132, or free or reduced lunch eligible student- fee is waived**.

**If you are on waived fees you must re-apply each school year for waived fee status at the following address: https://www.myschoolapps.com/Application. Once you have qualified for waived fees you must log into Parent Vue, click on forms, and click permission to share under your student’s name. This allows us to waive the athletic fee. If you are on waived fees you must still process a payment through school pay (log into school pay, select your students sport, add that sport to the cart and it will show up at $0.00 dollars due), process the payment and bring receipt in with your doctor’s signed physical to Lesher’s main office.

Additional Questions?
Kenzie Kerr (formerly Helmink), Head Varsity Coach, khelmink@psdschools.org
Maya Amidon, Assistant Varsity Coach, mayagracie@gmail.com
Jessica Snyder, JV Head Coach, Jessica.D.Snyder@colostate.edu
Waren Morrow (AP/Athletic Director) wmorrow@psdschools.org

Thank you and Go Vikings!
2021 Boys and Girls Golf Information

- Preseason Golf Camp, Monday-Thursday March 8-11 from 3:00-4:15 at Lesher
- Qualifying rounds will be played March 22-26
- Matches begin March 29-April 30; Girls’ matches are on Monday & Wednesday;
  Boys’ Matches are Tuesday and Thursday
- Practices will be at various locations: Collindale, City Park, or Southridge
- District Tournament May 5
- Parent Meeting: Thursday, March 4, 3:00 pm, Lesher Middle School
- We have some golf equipment for players to use.

Beginners to experienced golfers are welcome. 6th-8th graders interested in playing golf should sign up at Mrs. Downing’s desk in the main office. To participate, the following items must be turned-in or completed by Friday, March 12.

1. Complete the Online Athletic Registration at https://www.psdathletics.org/msreg;
2. Turn in a hard copy of Current Physical from your Doctor’s office to Mrs. Downing in the main office. Physicals cannot be uploaded or completed online. A physical is good for 364 days; and
3. Pay the Athletic fee of $120 unless charter/private/homeschool – fee is $132, or free or reduced lunch eligible student- fee is waived**.

**If you are on waived fees you must re-apply each school year for waived fee status at the following address: https://www.myschoolapps.com/Application. Once you have qualified for waived fees you must log into Parent Vue, click on forms, and click permission to share under your student’s name. This allows us to waive the athletic fee. If you are on waived fees you must still process a payment through school pay (log into school pay, select your students sport, add that sport to the cart and it will show up at $0.00 dollars due), process the payment and bring receipt in with your doctor’s signed physical to Lesher’s main office.

Additional Questions?
Matt Mitchell, golf coach mmitchell@psdschools.org
Beth Wilms, golf coach bwilms@psdschools.org
Waren Morrow (AP/Athletic Director) wmorrow@psdschools.org

Thank you and Go Vikings!
Middle School Athletic UPDATE (2/10/21):

PSD has scheduled a Girls Softball season beginning March 1, Girls and Boys Golf beginning March 22 and Girls and Boys Track and Field beginning April 12 with preseason camps happening the week prior to each season. There were proposals to offer a Girls and Boys Basketball season and/or a Coed Football season this spring, but that will not happen per the following reasons:

"The majority of our schools felt there were some common challenges, and shared significant barriers, that led them to not be in favor of any additional sports being offered this spring. These challenges included equity around which sports to offer or not to offer, consideration of those sports that were able to host a season last year compared to those that lost a season due to the pandemic, difficulty finding coaches who could commit to a spring sport or are already committed to another spring sport, utilizing indoor facility space for MS sports that has been targeted for multiple uses, and would be a negative on other school organizations/entities, plus the unknown and uneasy feeling regarding how drastic the procedural and restrictive guidelines would alter our current middle school philosophy regarding variance approval for sports other than softball, golf and track and field. Many of you also mentioned that you wanted to focus and prioritize making sure we could pull off our traditional spring sport season before looking to expand into other sports. I appreciate the communication and the passion that some of you expressed regarding offering more athletics this spring, and I respect the honesty others shared concerning the areas of vulnerability that would surface if we were to expand. We will continue to focus on the future and making sure we offer quality, positive experiences for our students in softball, golf, and track and field. Although we won’t offer additional spring sports, please continue to offer creative after school opportunities that your school feels is needed and appropriate."

-Russ McKinstry - CAA, Director of Athletics, Poudre School District

Internet Safety 101

Check out the video below to learn more about internet safety, including a full-length "Keep Kids Safe on the Internet" presentation from Lesher’s own School Resource Officer and former detective Cpl. Keith Maynard.
Mental Health Matters

MENTAL HEALTH MATTERS PRESENTS:

THE UPSIDE OF STRESS

Are you experiencing Covid fatigue? Would you like to “tend andbefriend” or “excite anddelight” in stress to make it work for you? Join Amanda Brantley, Poudre School District Wellness Coordinator, and Heidi Thompson, school counselor at Olander Elementary, for "Stress School."

Learn how you and your student can reframe your stress, renew your resilience, restore your energy, and revive your relationships. This interactive evening will focus on how our perceptions and practices contribute to our health and wellbeing. Simply by changing our mindset about stress, we can form habits that build our resilience and add tools to our toolbox to modulate our "stressometers” in school, in the workplace, and at home.

FEBRUARY 18, 2021
6:30-8:30PM

SCAN THE QR CODE TO THE LEFT TO REGISTER FOR THE EVENT. YOU WILL BE SENT A LINK ON THE DAY OF THE EVENT OR YOU CAN FIND THE LINK ON THE PSD HOMEPAGE
(HOLD YOUR PHONE CAMERA UP TO THE GRID AND A LINK WILL APPEAR)
Mental Health Matters

MENTAL HEALTH MATTERS PRESENTS:

2021

THE UPSIDE OF STRESS

¿Está experimentando fatiga por Covid? ¿Le gustaría "atender y hacerse amigo" o "emocionar y deleitarse" con el estrés para que funcione para usted? Únase a Amanda Brantley, coordinadora de bienestar del distrito escolar de Poudre, y a Heidi Thompson, consejera escolar de la escuela primaria Olander, para "Stress School".

Aprenda cómo usted y su estudiante pueden replantear su estrés, renovar su resiliencia, restaurar su energía y revivir sus relaciones. Esta noche interactiva se centrará en cómo nuestras percepciones y prácticas contribuyen a nuestra salud y bienestar. Simplemente cambiando nuestra mentalidad sobre el estrés, podemos formar hábitos que fortalezcan nuestra capacidad de recuperación y agregar herramientas a nuestra caja de herramientas para modular nuestros “medidores de estrés” en la escuela, en el lugar de trabajo y en el hogar.

18 DE FEBRERO DE 2021
6:30-8:30PM

ESCANEE EL CÓDIGO QR A LA IZQUIERDA PARA REGISTRARSE PARA EL EVENTO. SE LE ENVIARÁ UN ENLACE EL DÍA DEL EVENTO O PUEDE ENCONTRAR EL ENLACE EN LA PÁGINA DE INICIO DE PSD (SOSTENGA LA CÁMARA DE SU TELÉFONO CONTRA LA CUADRÍCULA Y APARECERÁ UN ENLACE).
**National Junior Honor Society**

The National Junior Honor Society at Lesher is proud to support the Leukemia & Lymphoma Society (LLS) this school year through the Hero Squad community service program!

To learn more about LLS and their life-saving work, visit ll.org. We will host our Hero Squad program from February 15-25. Members of NJHS will be collecting coins and cash donations during lunch.

Everyone is touched by cancer in some way. Please consider contributing to the Leukemia and Lymphoma Society by bringing a donation to lunch between February 15th and 25th.

Thank you!

Lesher Vikings & the Northern Colorado Community,

**Lesher’s 8th Annual Genius Week** will not happen this year as Lesher is getting all new carpets this summer, beginning the first week of June.

SAVE the DATE for **Genius Week 2022**, the first full week of summer. We’ve missed you and look forward to fun and learning together!
THE CLUB

Teens will have access to
- Free Wi-Fi and access to technology
- Recreational games and activities
- Teen lounge, a full gym and more!

FREE TO ATTEND!

MON - FRI
7:30 AM - 6:00 PM
Fort Collins Club
1608 Lancer Drive
Fort Collins, CO 80521

FOR MORE INFORMATION, CONTACT TYLER AT 970-484-5198.
THE CLUB

Los adolescentes tendrán acceso a
- Wi-Fi y acceso a tecnología
- Juegos y actividades recreativas
- ¡Salón para adolescentes, un gimnasio completo y más!

¡GRATIS PARA ASISTIR!

LUNES - VIERNES
7:30 AM - 7:00 PM

Club de Fort Collins
1608 Lancer Drive
Fort Collins, CO 80521

PARA MAS INFORMACION Y PARA INSCRIBIRSE VISITA:
HTTPS://WWW.BEGREATLARIMER.ORG/LOCAL-CLUBS/FORT-COLLINS/