

## The Lesher Difference

## Welcome to THE SHIP!

## **April 2021**

Lesher Middle School 1400 Stover St.

Ft Collins, CO 80005

<u>Main Office</u> 970-472-3800

Attendance Line

970-472-3815

<u>Principal</u> Dr. Tom Dodd

Assistant Principal Grade 8 Mr. Waren Morrow

Dean Grade 7 Ms. Lisa Crossland

<u>Assistant Principal</u> <u>Grade 6</u> Mrs. Janice Martinez

> School Website click <u>HERE</u>

> > O

## From the Principal

April 12, 2021

Dear Viking F-A-M-I-L-Y (Students, Parents & Staffulty):

It's been awesome having 100% of our students back aboard The Viking Ship fulltime the last 4 weeks. We are working hard to make up for lost time and need everyone's help to keep school functioning effectively the next 5+ weeks. Now is not the time to let up or become complacent. THANK YOU for keeping your child(ren) home if they're not feeling well to see if symptoms disappear within 48 hours (assessment period) or had contact with a positive case. Let's keep our foot on the gas and do what we can individually and collectively to stay positive and test negative.

To date we've had 4 positive student cases come to school since winter break in the last 13+ weeks. We then go through our contact-tracing process which involves visits to classrooms, meetings with teachers, assessing seating charts, attendance rosters, classroom activities, etc. for the day(s) the positive student/staff was in the building. A list of close contacts (within 6 feet for more than 15 minutes collectively over the course of the day) is then identified and emailed to the Larimer County Dept. of Health and Environment (LCDHE). LCDHE contacts the positive case directly and sends quarantine orders to the impacted families of the close contacts, which so far has been anywhere from 0 to 42 students in a grade level. Quarantining students (and isolating at home from family members if you're positive) is intended to prevent larger scale outbreaks that could result in more cases, illness, a less safe school environment, and potentially a school closure if cases get out-of-hand, which is obviously not what anyone wants. This process also results in perfectly healthy students who have done nothing wrong being sent home for 10-days with no symptoms or diagnosis, which is frustrating for students and parents as our remote learning activities are considerably less than when we were in phase 1 or 3 and 100% or 50% of our students were home. Our focus now must be on the roughly 700 students physically in class in front of our teachers. I apologize we are not able to direct more staff energy and resources to students at home during the time they are on assessment or quarantine. We're doing our best.



continued...

Advertising in this newsletter does not imply endorsement by the school or district.

OF SORTS

970-221-5551

24/7 | NO COST

THESE DAYS?

Connections

TALKING TO SOMEONE CAN HELP.

## From the Principal, continued...

Please know wearing masks, washing/sanitizing hands, plexiglass dividers, etc. are preventative measures we do at school, but DO NOT get a student or staff member out of a 10-day quarantine order. The ONLY measures that get a student or staff member out of a 10-day quarantine are:

- 1. Staying 6 feet away from a positive case and/or
- 2. Being 14 days past your second vaccine shot.

It's that simple. Even students with perfect attendance have only been on campus about 45 days since March 13, 2020. Our common goal is keeping students and staff in school... learning, engaging in all activities Lesher is allowed to offer, and loving life. I respect and support a person's right to choose to be vaccinated or not. Yet with any infection, there are two fundamental ways to achieve herd immunity: A large proportion of the population gets infected or gets a protective vaccine. I prefer the latter and I hope you do too. Click this link to read the CDC's Myths and Facts about COVID-19 Vaccines: <u>https://www.cdc.gov/coronavirus/2019-ncov/vaccines/facts.html</u>.

Thanks as always for your flexibility, support, and for being part of our Lesher F-A-M-I-L-Y... Forget About Me I Love You!

Shine on, Dr. Tom Dodd, Principal







...to learn more about these great companies!

Call to Schedule Your Appointment: 970.482.2515



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## 2021 5<sup>th</sup> Annual Fort Collins Mother's Day 5K \*\*\*VIRTUAL\*\*\* Race!

Hi Friends, Family and Northern Colorado Community!

We hope you are happy, healthy and doing well! We have a great opportunity to connect with you this Spring!

RACE Website: <a href="http://www.FortCollinsMothersDay5k.com">www.FortCollinsMothersDay5k.com</a>

FACEBOOK Event Page: https://m.facebook.com/events/1027398771425142

WHAT: Lesher Middle School Presents The VIRTUAL 5<sup>th</sup> Annual Fort Collins Mother's Day 5K!

**WHO:** You and Your Family! Run this race with the whole family in your neighborhood or local park!

WHEN: Mother's Day Weekend

Saturday or Sunday, May 8 & 9!

Start Time: 5AM, Saturday, May 8

End Time: 10PM, Sunday, May 9

**WHERE:** The location of YOUR choice! Or checkout our race website and run the 5K course around University Acres and by the CSU flower gardens ③

**WHY:** Because you love your mom! And walking/running outside is good for you, your family, and our community!

#### HOW:

1. Register at <u>www.FortCollinsMothersDay5k.com</u> ONLY \$15/adult and \$10/17 and under (to cover the cost of your 5K dri-fit race t-shirt which will be mailed to you!)

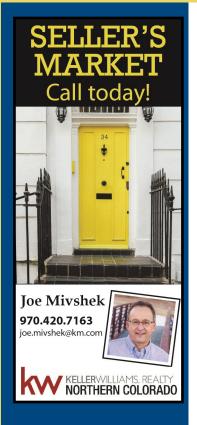
2. Decide your 5K, 3.1 mile "course"

3. Run or Walk it!

4. Submit your times (and photos) to: <u>gleasontiming@gmail.com</u> and <u>wmorrow@psdschools.org</u>

continued...





## The 5th Annual Fort Collins Mother's Day 5K Run/Walk

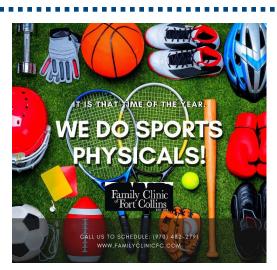
This is our 5th Annual Fort Collins Mother's Day 5K race and it has become the premier Mother's Day 5K in Northern Colorado with 350 participants last year! The race is usually run by professional timing company, Gleason Race Timing (and formerly Timberline Timing), which provides a legitimate race day experience, but this year it will be done VIRTUALLY with their support since our school district and county still have limitations on large gatherings. The funds raised have supported the purchase and construction of an outdoor learning garden, and our outdoor, innovative learning space to enhance our small campus which is at maximum capacity (800 students). The race is a nice run/walk opportunity for everyone, from competitive runners to families. Due to our current restrictions, the race will take place VIRTUALLY on Mother's Day Weekend beginning at 5AM Saturday, May 8th through 10PM Sunday, May 10th. Participants will register online at:

## http://www.fortcollinsmothersday5k.com/

run/walk the race on a course of their choosing, email times (and pictures!), and winners will be posted the following week! <u>Register by Thursday, April 27th to</u> receive your dri-fit race day t-shirt by Mother's Day weekend (all registrations after this date will receive their race day shirts the week after Mother's Day).

Thank you to our sponsors: Gleason Race Timing, Chipper's Lanes, Rocky Mountain Bagel Works, Go West T-Shirts, Fort Collins Running Club, Whole Foods, CHAMP, Image 360, and Fortitude & Boulder Boulder Races! Thank you!







## Lesher Middle School Viking News

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With COVID-19, things are tough for everyone.



Colorado Spirit has you covered when you need to talk with an understanding voice who can connect you with resources, or just be there to listen.

(970) 221-5551





...to learn more about these great companies!



www.FortCollinsMothersDay5k.com

## THE 5TH ANNUAL FORT COLLINS MOTHER'S DAY 5K

## \* VIRTUAL RACE \*

MOTHER'S DAY WEEKEND

PRESENTED BY LESHER MIDDLE SCHOOL

\$15 ADULTS (18+) \$10 CHILD (17-UNDER)

COVERS THE COST OF DRI-FIT RACE SHIRT MAILED TO YOU













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## 2021 5<sup>th</sup> Annual Fort Collins Mother's Day 5K



## THE 5TH ANNUAL FORT COLLINS **MOTHER'S DAY 5K** \* VIRTUAL RACE \*

MOTHER'S DAY WEEKEND



COVERS THE COST OF DRI-FIT RACE SHIRT MAILED TO YOU

www.FortCollinsMothersDay5k.com





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Auxiliary aids and services are available for persons with disabilities.



## Congratulations, Daniel!

Daniel Siemers competed in the State Spelling Bee in its first ever online format. He competed with 181 spellers throughout Colorado. Daniel earned 33<sup>rd</sup> place and tied with five other spellers in the competition. Congratulations to Daniel for all of his spelling success this year at the school, district, and state level of competitions. Go Vikings!



## **Congratulations, Musicians!**

**Congratulations** The following Lesher musicians were selected to be in the 2021 Middle School, PSD Honor Ensembles

PSDMiddle School Honor Band Cherrie Zhang

Cali Carroll

**Griffey** Caro

Dylan Hettinger

Jonah Stadtmueller

Abe Cooley Miles Hogan Elijah Kimball Spencer Kitchens

Juliet Koenig

Catalina Maxey Danny Rinchiuso

**Fort Collins** 

PSDMiddle School Honor Orchestra e Cooley Mark Slade

Chloe Dodd

Austin Evans

Ivan Li

Sofia Rodriguez

**Eleanor Cram** 

Theodore Gregory





**Salud** 

## Latina Youth Leadership Conference

In late March, 25 Lesher students attended the 20<sup>th</sup> Annual Latina Youth Leadership Conference along with other students throughout PSD. Before Spring Break, each student was required to complete an application and write a mini-essay in order to participate, and every student was accepted! Led by the Lambda Theta Nu Sorority of Colorado State University and Lesher teachers and counselors, we engaged with topics of self-care, confidence, women's empowerment, cultural and linguistic diversity, secondary education, postsecondary education, scholarships, financial aid, DACA resources, and much more. Thank you to CSU, PSD, and Lesher for organizing and hosting such a special event for our Latinx Youth





## Way to go Powerball Winners!

Trash Power Ball 4/2/21
6 <sup>th</sup> – Adelaide Arnott
6 <sup>th</sup> – Evelyn Arnott
8 <sup>th</sup> – Angelo Pena





## Trash Power Ball 4/9/21

6<sup>th</sup> – Jackson Auriemma

6<sup>th</sup> – Evelyn Arnott

6<sup>th</sup> – Zoe Ackerson

## **Morning Fresh Cash for Caps**

If you are a Morning Fresh Dairy customer, please bring in your rinsed milk, juice, cream, or other caps to Mr. Peitz. Lesher Middle School earns money for every cap that is returned. If you are interested in Morning Fresh Dairy, every new household sign up raises \$25 for Lesher. Click <u>here</u> or ask Mr. Peitz (<u>epeitz@psdschools.org</u>) for more information.





## Lesher Climate Survery Bullying Prevention and Education Grant Student Survey

For the past four years, Lesher has been participating in an important study about school climate and student behavior, specifically around bullying and its prevalence at our school. This study has been approved by Poudre School District and is commissioned by the Colorado Department of Education's Bullying Prevention and Education Grant. Through this study, students are invited to participate in a survey. Data from these surveys will help provide an assessment of our school culture and play a foundational role in the facilitation of a respectful environment for student learning. The survey is voluntary and takes less than 10 minutes to complete. The data collected will not be able to identify individual students. Only your child will know how he or she answers the questions. Students do not get school credit for completing the survey, and there is no penalty for not participating. Students who take part in the survey may choose not to answer any question.

A permission slip to participate in the survey is required by the Colorado Department of Education, not because of the survey content, but rather due to policy. If you wish to see the survey, you may view its contents <u>here.</u> We encourage you to discuss the matter with your child and share your views on his/her participation. Students will receive the survey during EFO on <u>Wednesday, May 5th.</u> Students who do not have permission to participate in the survey will do other schoolwork during the survey period.

The permission form is digital this year, and it is linked <u>HERE</u>. Please note your choice about whether or not you will allow your child to take the survey, sign it, and <u>submit it by April 26th at the latest.</u> If you have more than one student at Lesher, please fill out the form for each student. Thank you!

For more information or questions about the survey, please feel free to contact Kaiti Jones (email: <u>kaitlynj@psdschools.org</u>; phone: 472-3867). Thank you in advance for your time and consideration on this matter; student and parent feedback help to promote a positive climate and culture at our school!



## Subvención Para la Prevención y Educación Contra la Intimidación Encuesta de Estudiantes

Durante los últimos cuatro años, Lesher participaba en un importante estudio de investigación sobre el ambiente escolar y la conducta estudiantil, específicamente la intimidación y su prevalencia en nuestra escuela. Los estudiantes están invitados a participar en una encuesta. El Distrito Escolar Poudre aprobó este proyecto, y lo comisionó el Departamento de Colorado mediante la subvención para la prevención y educación contra la intimidación. Los datos de estas encuestas ayudarán a proporcionar una evaluación de nuestra cultura escolar y desempeñarán un papel fundamental en continuar facilitando un ambiente respetuoso en Lesher. La encuesta es voluntaria y tarda menos de 10 minutos en completarse. Los datos recopilados no podrán identificar a los estudiantes. Solamente su hijo sabrá cómo él o ella contesta a las preguntas. Los estudiantes no reciben crédito escolar para completar la encuesta, y no hay penalidad por no participar. Los estudiantes que participan en la encuesta pueden optar por no responder a cualquiera pregunta.

El Departamento de Educación de Colorado requiere un formulario de permiso para participar en la encuesta, no por el contenido de la encuesta, sino por la política. Si desea ver la encuesta, puede ver su contenido <u>aquí</u>. Le recomendamos hablar sobre esto con su hijo y compartir sus puntos de vista sobre su participación. Los estudiantes recibirán la encuesta durante la clase <u>el miércoles, 5 de mayo.</u> Los estudiantes que no tienen permiso para participar en la encuesta harán otro trabajo escolar durante el período de la encuesta.

El formulario de permiso es digital este año y está vinculado <u>AQUÍ</u>. Tenga en cuenta su elección sobre si permitirá o no que su hijo tome la encuesta, firme y envíe el permiso digital a más tardar el 26 de abril. Si tiene más de un estudiante en Lesher, complete el formulario para cada estudiante. ¡Gracias!

Para más información o preguntas sobre esta encuesta, por favor comuníquese con Kaiti Jones (correo electrónico: <u>kaitlynj@psdschools.org</u> o al teléfono: 472-3867). Gracias de antemano por su tiempo y consideración sobre este asunto; ¡El estudiante y la retroalimentación de los padres ayudan a promover una cultura positiva en nuestra escuela!

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## **FCHS Dance and Cheer Tryouts!**



## FORT COLLINS HIGH SCHOOL 2021-2022 CHEERLEADING TRYOUTS

DO YOU HAVE SCHOOL SPIRIT?

COME BE A PART OF A GREAT ATHLETIC PROGRAM!

MEET NEW FRIENDS ~ BE A LEADER OF FOCO TRADITIONS!

FCHS CHEERLEADING COULD BE FOR YOU!

Watch for information on the FCHS website.

## Check out our Cheer website

https://fchscheer.wixsite.com/spirit

FCHS CHEER TRYOUTS FOR 2021-2022 SCHOOL YEAR MAY 3<sup>rd</sup> – MAY 6<sup>th</sup> at FCHS

Watch our website We will post more information as it comes available



## Mental Health Matters

## Mental Health Matters Presents:

## SOCIAL MEDIA: CONNECTION VS. ISOLATION & INTERNET SAFETY



Do you know what your students are looking at on-line??

Is your student's self-esteem tied to how many "likes" they get on Social Media?

Please join us for the 3rd and final virtual Mental Health Matters event of this school year.

#### Following Footprints in a Digital Party:

PSD School Resource Officers Corporal Jarad Sargent and Officer Ehrich Weis will discuss social media applications that are commonly used by students and present on areas to monitor within the applications to maintain safety for students. Jarad and Ehrich will provide case studies to discuss what each presenter has experienced and seen with young adults and social media during their time as School Resource Officers.

#### Connection VS. Isolation: Social Media & Mental Health

Join Melanie Potyondy, Rocky Mountain High School Psychologist, and Heidi Thompson, Olander Elementary Counselor, as we explore the impact of social media on mental health. We'll share current data around youth social media usage, including the positive and negative impacts of social media upon interpersonal relationships, behavioral regulation, and mental health. Practical tips for guiding social media usage will also be provided for all age levels.



RSVP using the QR Code Below and a link will be sent to you the night of the event





## Last Day of School Update!

The last day of school for 2020-2021, May 26, will be a half day for students. Students will be released 3.5 hours early and no lunch will be served on that day. It will be a full day for staff. The last day for meals to be provided to the community will be May 25.

## **Order Your Lesher Yearbook!**

The Lesher yearbook is finished! And it has certainly been a Year Like No Other! Lesher's yearbook is 100% Lesher content, no fillers. Lesher students did an amazing job submitting content and getting involved when they could. VIKING STRONG!

As communicated, only a limited number of extra copies were ordered. We expect to be sold out by yearbook distribution. BUY NOW while supplies last at <u>Jostens.com</u>. Also, they can be purchased through SchoolPay or in the front office with Mrs. Mitchell.



If you have already bought a book, thank you!

Please contact Margaret Davis (madavis@psdschools.org) if you have any questions about the yearbook or purchasing. Thanks for supporting Lesher's award-winning yearbook!

## Mental Wellness Week

On April 20th-23rd, StuCo is celebrating Mental Wellness Week. We take this week to teach students the importance of mental wellness and coping skills for dealing with stress. Our students have gone through a lot in this Covid season, so we are introducing them to ideas like meditation, body movement, and coloring sheets. We will be handing out prizes to people who are participating with their whole self with the hope that we can help students learn to cope with stress and anxiety better.

## **FCHS Girls Basketball**

Each summer we participate in 4-5 team camps during June. These team camps are at Colorado colleges or local tournaments. All incomers may sign up for any/all team camps that they are interested in. Our signup form is attached. The spring and summer is a super fun way for incomers to get connected to our school early. Even if they can't make team camps, we still encourage them to come to the workouts if they think they might play.

You can see our entire schedule/plan here: https://fchsgirlsbball.com/calendar.

Parents and players can join our BAND (communication app) to get any important information and updates. That information is below.

Parent Invite Link: https://band.us/n/aba538Udj2e6h Player Invite Link: https://band.us/n/a0aa3fU3j3Faf Matt Hower Fort Collins High School Social Studies, Transition Academy Coordinator, Head Girls Basketball Coach

719-337-5819

mhower@psdschools.org fchsgirlsbball.com





#### 2021 Spring/Summer Team Camp Schedule

Player Name:

Tournament	Date	Fee	
UNC	June 3-5	\$75	Yes No
Regis	June 7-8	\$75	Yes No
Power To Play	June 14-15	\$75	Yes No
Cheyenne Central	June 16, 23, 30	\$75	Yes No
Power to Play Independence Explosion	June 25-27	\$75	Yes No
*Players may sign up for any/all camps	Total:	•	•

\*Players may sign up for any/all camps

\*Current players: please return this form by May 1st to Coach Hower with your check made out to FCHS Girls bball attached

The first possible practice for incoming players May 19th - Incomers may sign up for any team camp and are encouraged to play in as many as possible.

Text Coach Hower if you want to set up individual or small group workouts any time.

www.fchsgirlsbball.com/calendar

## **Colorado Virtual Career Fair**



Colorado Youth connecting live with professionals representing all 17 career clusters, and multiple ethnicities, backgrounds, and parts of Colorado.

# COLORADO VIRTUAL CAREER FAIR

APRIL 19-22, 2021 (M-TH) 4:00-6:30PM VIA ZOOM

Panel Session schedule, registration and more @ YOUTHCAREERFAIR.ORG

ASL, translation, closed captioning available













Colorado Workforce Development Council Colorado State Youth Council

La Juventud de Colorado podrá conectarse en vivo con profesionales que representan los 17 grupos profesionales y múltiples etnias, orígenes y partes de Colorado

# FERIA DE CARRERAS DE COLORADO VERTUALMENTE

EL 19 A 22 DE ABRIL 2021, DE LAS 4:00 A 6:30 DE LA TARDE CON ZOOM

Visite @YOUTHCAREERFAIR.ORG para ver el horario, registrarse, y mucho mas

