PARENT CAFÉ

Summer 2022



Join other parents,
Share stories,
Build a support
network,
& Grow friendships



The Parent Café program supports and educates parents and caregivers, utilizing the Strengthening Families Protective Factors that give parents and caregivers the skills and resources they need to parent effectively, even under stress.

- 1. Resilience
- 2. Relationships
- 3. Knowledge
- 4. Support
- 5. Communication

All Cafés are FREE!

Healthy Meals Included.

Children activities provided at some Cafes

We have a variety of cafés for various schedules and specific needs:

Genesis Project Café: 400 S. Link Ln, Fort Collins. Treehouse Room.

2 Gen Café: 531 S. College Ave, Fort Collins, CO

Dad's Café: TBD

Orchard Café: Residents only. 197 Elder Court, Loveland, CO

Brookstone Café: 2325 E. 1st St., Loveland, CO

Spanish Café: Via Zoom, a link will be provided

Life Center Café: 1511 E. 11th Street, Loveland, CO

<u>Larimer County Department of Corrections:</u> 2307 Midpoint Drive (Powderhorn Room)

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and times

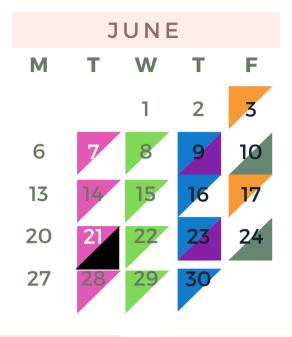
FOR MORE INFO OR TO REGISTER CONTACT:

Kristen Caporelli 970-290-0999 kristen@thematthewshouse.org

http://tinyurl.com/Parent-Cafes-TMH



Parent Café Summer 2022





KEY:

- ORCHARD CAFÉ: Every Tuesday from 10:00 am to 12:00 pm
- BROOKSTONE CAFÉ: Every Wednesday from 10:00 am to 12:00 pm
- DAD 'S CAFÉ: Monthly, third Tuesday of each month from 6:00 pm to 7:30 pm
- GENESIS PROJECT CAFÉ: Every Wednesday from 10:00 am to 12:00 pm

- 2 GEN CAFÉ: Every Thursday from 6:00 pm to 8:00 pm
- SPANISH CAFÉ: Bi-weekly via Zoom on Thursdays from 6:30 pm-8:00 pm
- LIFE CENTER CAFÉ: Bi-weekly Fridays nights from 6:00 pm-8:00 pm
- LARIMER COUNTY DEPARTMENT OF CORRECTIONS: Bi-weekly on Fridays from 6:00 pm to 8:00 pm